



T.E.S. Annual Potluck and Playday

Pull on those boots, hone up those gymkhana skills and get ready to have the time of your life at the 3rd Annual T.E.S. Potluck and Playday on **August 18th!** Come and join us for this special event that brings instructors, students, family and friends together for fun, entertainment and good food! There'll be barrel racing, musical stalls, ribbon races, water races and dollar bill classes, a surprise demonstration by the instructors and lots of good home cooking.

T.E.S. will provide plates and utensils. Please bring your food in disposable containers. Food is assigned by the first letter of your last name:

A - D	Main dish
E - G	Relish tray or chips and dips
H - K	Salad
L - N	Vegetable or main dish
O - R	Main dish
S - T	Drinks
U - V	Bread or rolls
W - Z	Desserts

We'll be meeting on the berm between the large ovals (south side of the Equidome) at 6:00 p.m. to sample the fine cuisine and then head for the ovals to participate (actively or vicariously) in the games. The five gymkhana classes will be divided by juniors and adults, beginners and advanced riders, and may be ridden in English or Western saddles—ribbons are to 6th place. The entry fee is \$5.00 for one class, \$13 for three classes or \$20 for all five classes. The closing date is August 16th, and early entries get priority on choice of horse. Don't forget to ask your instructor's advice on which classes you should enter and which horse you should ride.

So mark August 18th on your calendar, whip up a good, old fashioned potluck dish and meet us at the berm for this once-a-year evening of food and fun!



Attention Students!

We need your letters! If you have any questions about riding, stable management, showing, training or veterinary care, we'll have one of our instructors, or Dr. Gray, answer your questions in the **Q & A Forum**. There are many puzzling aspects of horsemanship that can't always be covered in class, and there are probably other students who would like to know the same information. Let us know what articles you would like to see in the newsletter! Address your questions to: Editor, *TES Talk*, and leave them in the School office. Please include your full name. Thanks!

Coming in September

Starting September 1st, **Friday Night Jumping** will be held on the first Friday of every month. There will be both Open and School Horse Only classes from beginning (walk/trot over trot poles) to advanced (Open Jackpot Jumping) levels. The show will begin promptly at 6:30 p.m. Check in the school office for more details!

Dressage Schooling Show

The next T.E.S. Dressage Schooling Show will be on August 13th—entries close on August 9th. There's a pre-training test (walk/trot only) for students showing for the first time. We've also added a School Horse Only division. Come on out and see what dressage is all about and cheer on your fellow students. If you want to learn about show management, we can always use enthusiastic volunteers. If you're interested in dressage but need to know more information about showing, sign-up for the next Dressage Show Prep Clinic.



The Winner's Circle

The T.E.S. Dressage Schooling Show on July 9th added a new School Horse Only Division, and it was a big success. The show was judged by Barbara Lenberg. Perks, ridden by **Debbie Winick**, received the highest score (64%) in the Division. Here are the results:

School Horse Pre-Training, Test A: 1. Max (59%), Laura Armor; 2. Kansas (58%), Savannah Brentnall; 3. Michigan (56%), Robyn Allwright; 4. Kansas (56%), Carolyn Fullerton; 5. Colorado (52%), Lisa Baker; and 6. Colorado (50%), Richard Berman.

School Horse Training Level, Test 1: 1. Perks (64%), Debbie Winick; 2. Max (59%), Debbie Kurth; and Dakota (46%), Pat Barker.

School Horse Training Level, Test 2: 1. Kansas (58%), Heidi Simmet and 2. Michigan (57%), Priska Mark.

School Horse Training Level, Test 3: 1. Michigan (63%), Catharina Croland; 2. Delaware (50%), Anne-Marie Lindell; and 3. Colorado (48%), Victoria Jenkins.

Congratulations also to the TES students and horses that competed in the Open Division: Jason, ridden by **Cheryl Kreske**, placed 4th (52%) in Pre-Training, Test A; Amateur Hour, ridden by owner **Hallie McMaster**, placed 1st (62%) in Training Level, Test 1; Jaimie received a 1st (54%) in Training Level, Test 4, ridden by owner **Germaine Nagaraja**; Rex was 4th (49%) in Training Level, Test 2, ridden

by **Gary Geller**; Cid placed 2nd (58%) in First Level, Test 4 and 5th (47%) in Second Level, Test 1, ridden by owner **Mary Bassel**; and Madison received a 4th (57%) in Second Level, Test 1 and a 1st (56%) in Second Level, Test 3, ridden by **Susan Snipes**.

Our Dressage instructors from Van Dahn International have been actively competing this month. At the Malibu Riding Club's "Dressage by the Sea" on July 22-23, Durabel, ridden by **Lasse Holmberg**, received a 2nd (42%) in Fourth Level, Test 1, a 2nd (43%) in Fourth Level, Test 2 on Saturday and a 3rd (44%) in Fourth Level, Test 2 on Sunday. Iliad, also ridden by **Lasse**, received a 3rd (41%) in Fourth Level, Test 1, a 3rd (41%) in Fourth Level, Test 2 and a 4th (56%) in Prix St. George. Nyans (Wendy Lenke, owner) and **Amber Minson** placed 2nd (58%) in Third Level, Test 1, 4th (57%) in Third Level, Test 2 and 1st (60%) in Second Level, Test 4. Jaimie and owner **Germaine Nagaraja** placed 3rd in Training Level, Test 3.

At the Orange County Dressage Show on July 29-30, **Julie LaTouff** and Miss Piaff placed 2nd (64.8%) in Intermediare II. (**Julie** also placed 1st (61%) on Sweet Dreams in Fourth Level, Test 2 at the LAEC Summer Preview Dressage Show in June and was inadvertently left out of last month's Winner's Circle—sorry Julie!) **Renee Spurge** and Mr. Bento placed 1st in three classes: Third Level, Test 1 (63%), Third Level, Test 2 (60%) on Saturday and Third Level, Test 1 (63%) on Sunday!



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The Vet's Notebook

Summer means many different things to different people — beaches, vacations, no school. To me, summer usually means more cases of colic. The mere mention of the word strikes fear into the hearts of most horse owners, because colic can be as minor as excess gas or as serious as a twisted intestine—and the symptoms can be virtually the same! Colic is not a specific disease, but a generic term (derived from the Greek word for colon) for any form of abdominal pain in horses. The actual cause of the belly-ache can stem from a variety of different conditions, and the symptoms are equally wide-ranging.

The horse may exhibit all, many or only a few of the signs of colic. Typically, with early or mild pain, the horse has a decrease in appetite, strikes or paws the ground, raises its upper lip, stretches out as if to urinate, and looks at its belly. As the colic progresses, the horse kicks at its belly, is reluctant to stand, or rolls violently, thrashes and sweats. For the most part, the severity of signs parallels the severity of the problem. However, this is not always true, since individual horses (like people) have different pain thresholds, and what one horse perceives as extremely painful may only be a mild nuisance to another. (I always prefer the former, because in the latter case, a horse may allow its condition to deteriorate severely before alerting its owner of a problem.)

A horse is "colicky" when it exhibits any signs of abdominal pain. The next step is to determine the type of colic, so that the source of pain can be treated and, ideally, eliminated. The intestines may be merely irritated and gas-filled, causing a "gas colic." This

is one of the major reasons to discourage cribbing or wind-sucking. A change of environment or feed may be enough to create a gas colic episode, so feeds should always be changed slowly, over a period of days.

Another minor form of colic is called an impaction. At various spots along the horse's intestinal tract, a blockage may be created when ingesta packs together into a mass dry or large enough to stop the normal flow of material through the system. The distension of that area of intestine and the back-up of material behind it cause the pain. Laxatives (chiefly mineral oil) are administered to lubricate and soften the impaction which helps the horse pass it. Enemas are occasionally used, but are often too far from the source of the problem to help, since an impaction can be located anywhere along the 75 foot length of the system. In rare cases, an impaction can be severe enough that surgery is the only way to return the system to normal.

The ingestion of sand also creates many colics. Horses that eat off the ground on sandy soil are particularly at risk. Sand is heavier than the normal feeds and will settle in the intestines. Over time, this has the same effect as sandpaper on the lining of the intestines. Metamucil-type products are administered to help gather the sand and allow it to pass. Occasionally, the amount of sand is great enough to cause a full sand impaction, but more typically, only mild colic signs and loose manure are experienced periodically.

Parasites used to be a major cause of colic, but thanks to better wormers and conscientious deworming by most owners (minimum of every three months), worm colic is rarely seen in this area. Blood worms (strongyles) can damage

the arteries that supply the intestines and stop the blood flow, killing the affected areas of the intestinal tract. In foals, a very large worm burden can cause an impaction and may even require surgery to remove the mass of worms.

More severe colics are caused by twists in portions of the intestines, fat cells tumors (lipomas) that wrap around the intestine, stones (called enteroliths) that form inside the intestine (like an oyster forms a pearl) and block the intestine, displacements of a portion of the intestine within the abdomen, and entrapment of a portion of intestine within a hernia. These are all examples of colic that require surgery to correct the problem. Without surgery in these cases, the bowel would begin to die (at a rate dependent on the compromise of the blood supply to it). As the intestine dies, the horse begins to absorb toxins from it, and also loses a tremendous amount of fluid to the intestinal tract. This leads to shock and can rapidly lead to death.

Horses that have multiple colic episodes should have their feeding program evaluated and may require special care. As always, a little preventative medicine is better than treatment. Most of all, be aware of early signs of colic and don't ignore them. A horse lying down should get up when disturbed, and stay up. Very few horses will turn their nose up at a carrot or at food of any type. Early treatment can often stop the problem before any serious complications result. Your veterinarian is best able to help you decide how serious a colic episode is. If you are unsure whether the symptoms your horse exhibits are colic, call your veterinarian.

Neil H. Gray, DVM

Ask the Vet is a monthly column that answers your equine health questions. Please topic requests to Editor, TES Newsletter, and leave them in the School office. Dr. Gray has his equine practice in Tarzana, and can be reached at (818) 609-7676.

August

Calendar of Events

1989

Traditional Equitation School

- 7-11 Junior Horsemanship Camp
- 13 Dressage Schooling Show
- 14-18 Junior Horsemanship Camp
- 18 Annual Potluck & Playday
- 21-25 Junior Horsemanship Camp

L.A. Equestrian Center

- 4-6 L.A.Equestrian Center Dressage (818) 569-3666
- 11-13 Celebrity Rodeo & Roping
- 23-25 Cool August Nights Dressage Show - Glenda McElroy (818) 840-9063
- 26 Professional Polo
- 31- 9/4 Griffith Park Labor Day Classic Hunter/Jumper Show LAEC Events Office (818) 840-9362

So. California Area

- 3-6 California Coast Horse Show (A & C rated), Huntington Beach (619) 753-0431
- 3-6 Western Jamboree, Burbank (818) 840-9063 (PCHA)
- 4-6 Showpark Series #4 (C rated), Del Mar (619) 481-6535
- 5-6 CDS San Diego Summer Dressage (619) 267-7477
- 6 Rainbow Canyon Ranch #2 (B & C rated), Azusa (818) 842-6174
- 6 Paddock Riding Club, (818) 842-61749
- 10-13 Huntington Beach Summer Classic (A & C rated) (619) 753-0431
- 12-13 Dressage Among Friends, Agoura Hills (818) 343-7008

- 17-20 All Seasons Summer Classic (A & C rated), Huntington Beach (714) 963-6880
- 18-20 Showpark of San Diego Horse Trials, (619) 481-6535
- 19-20 Dressage in Los Angeles (818) 342-8707
- 20 Paddock Riding Club, (B & C rated) (818) 842-6174
- 22-23 Dressage at the Paddock, (818) 842-6174
- 23-27 San Diego Summer Festival & Prix, (619) 753-0431
- 26-27 Silver Lining Horse Trials, Mokelumne Hill (209) 293-7469
- 27 Camelot Riding Club, Newhall (C rated) (818) 367-5489
- 27 Summer Festival Grandprix, Del Mar (818) 842-8194

Traditional Equitation



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