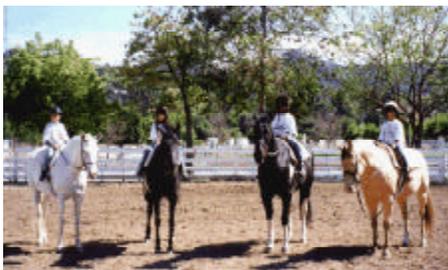




## Sign up now for Kid's Summer Horse Camp!

Summer Horse Camp aims to teach kids about the wonderful world of horses. Through horse-related games and activities, kids (ages 7-12) will learn about:

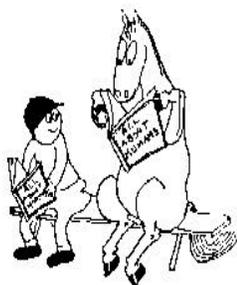
- ◆ the care of horses
- ◆ their characteristics
- ◆ breeds & colors
- ◆ ground and mounted safety



In a fun-filled environment, supervised by trained staff and counselors, campers have riding lessons on suitable horses for our young riders, hands-on horsemanship workshops, and other horse activities as well as games, arts and crafts. Kids Camp is designed for children at all riding levels—from a child's first experience with a horse to junior riders who show hunt seat, dressage or western.

Sessions begin June 22nd

Monday thru Friday  
9:00 a.m. to 4:00 p.m.



For information and session dates, pick up a camp brochure in the T.E.S. office. Enrollment is limited. Complete the camp application to reserve your space. Cost: \$250 per week or \$75 per day.

## Give us Your Two-Cents!

- Got a question about riding or horse care?
- Want to comment on the newsletter or other T.E.S. issues?
- Have a horse-related experience to share?

We want the *T.E.S. Talk* newsletter to be for you and about you, so we are now accepting submissions! Give us your "two-cents worth" in our new columns—Q&A, Letters to the Editor, and OpEd (your opinion on horse-related or T.E.S. issues)—or tell us about your equestrian success stories. To submit your items, please complete the *T.E.S. Talk* Submission Form available in the T.E.S. office and attach your submission to it. We look forward to hearing from you soon!

## "Principles of Lunging" May 9, 2:00 p.m.

Stacy Festner will offer this **2nd Sunday Lecture Series** session on the basic principles of lunging a horse. Topics will include proper equipment and its use, safe lunging procedures, and the purposes and benefits of lunging a horse. Sign-up in the T.E.S. office.

## T.E.S. Dressage Schooling Show June 7th

The next T.E.S. Dressage Schooling Show will be on **June 7th**. Prize lists are available in the T.E.S. office.

## Printer Wanted!

If you are a printer and are interested in providing print services for this newsletter (combo lesson trade and payment), please leave a message for the editor in the T.E.S. office.



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**Robert Dover Clinic** — Several members of the T.E.S. Riding Club attended the Robert Dover Clinic at the Brookside Equestrian Center on April 17-19, 1998. The clinic was very informative and attendees found that observing the riders and listening to Dover's comments was beneficial to their own riding.

**Riding Club Library** — The club has organized and expanded its video, book and audio tape library thanks to the generosity of Patricia Kinnaman and Dominion Saddlery. If you are a club member and would like to use the library, please see Fiona Talbot or Daniele Allen.

**Monty Roberts Field Trip** — The club is organizing a trip to Monty Robert's Flag is Up Farm on Saturday, June 20, 1998. This trip will include a tour and demonstration of the Monty Roberts method, performed by Crawford (Monty's lead assistant). Space is limited, so sign up in the T.E.S. office soon!

**Next Club Meeting** — Saturday, May 23, at 12:30 p.m. Your input is important, so please attend.

**How to Join** — Applications to join the T.E.S. Riding Club are available in the T.E.S. office. For more information, contact Danele Allen (email: DAllen@aol.com) or Fiona Talbot (email: Lisduff@aol.com) or leave a message in the club's mailbox.

## New T.E.S. Helmet Policy



In early March 1998, Carole Payne, Training Executive Officer of the British Horse Society (BHS), met with Kathy Matthes to discuss the feasibility of offering the BHS training and examination system at T.E.S. Equestrian schools must pass a facilities and instruction inspection to obtain BHS Approval status before they can offer the BHS system of training. T.E.S. passed all requirements except for our helmet policy.

The British Horse Society is internationally recognized as the premier equestrian riding, training and examination organization in the U.K., and has operated an Approvals Scheme for equestrian establishments for over 30 years. This scheme ensures that sound instruction in riding and horsemastership are offered and that the premises, facilities, safety equipment and horses meet Scheme standards. Premises are inspected yearly to ensure that standards are maintained.

T.E.S. wants to be able to offer its students this excellent educational program, so we must change and enforce a new helmet policy to obtain BHS Approval. According to Patricia Kinnaman, T.E.S. owner, the new helmet policy is effective May 1, 1998.

### New Helmet Policy

- Helmets must be properly-fitted ASTM-SEI approved helmets.
- Anyone (student or instructor) mounted on a school horse must wear a helmet.
- All students in T.E.S. riding classes and shows must wear helmets, whether they are riding school horses or privately-owned horses.
- New students must purchase their own helmets after completing our introductory programs, such as the Introductory Lesson Package, the UCLA Extension Program or the LACC Program.
- Current students must have their own ASTM-SEI helmets by July 1, 1998.



#### Publisher

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#### The Vet's Notebook

Dr. David Ramey

#### Pony Pals

Chris Nicholson

#### T.E.S. Riding Club

Daniele Allen  
Fiona Talbot

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Submissions are accepted for Q&A, Letters to the Editor, and OpEd as well as articles and equestrian success stories. We reserve the right to edit submissions.

To submit your items, please complete the T.E.S. Talk Submission Form available in the T.E.S. office and attach your submission to it. Please also provide a self-addressed stamped envelope if you want your items returned to you.

#### Sponsored in part by





## Winner's Circle

### T.E.S. Beginning English/Western Show, April 19, 1998

1. **Bareback Open** — (1) Mary Kiang/Dakota; (2) Sherri Lin/Dante.
2. **Western Equitation, Open** — (1) Mary Kiang/Dakota.
3. **Western Pleasure, Open** — (1) Mary Kiang/Dakota.
6. **Leadline, 6 + Under** — (1) Grace Liner/Carolina; (2) Biana DeSalvo/Maryland; (3) Courtney Carbonnette/Hawaii.
- 7a. **English/Western Equitation, 10 + Under** — (1) Samantha Cortes/Maine and Timothy Trinidad/New Mexico; (2) Katelin Jordan/Hawaii; (3) Emily Lepone/Maryland.
- 7b. **English/Western Equitation, 10 + Under** — (1) Tiffany Tridad/Alabama; (2) Corrie Robinson/Nevada and Tristan Scheamm/Turkey; (3) Morgan Wiley/Alaska.
- 8a. **English/Estern Pleasure, 10 + Under** — (1) Emily Lepone/Maryland; (2) Samantha Cortes/Maine and Megan Toomos/Alaska; (3) Timothy Trinidad/New Mexico.
- 8b. **English/Western Pleasure, 10 + Under** — (1) Tiffany Trinidad/Alabama and Morgan Wiley/Alaska; (2) Alyssa Goodstein/Massachusetts and Maya Maniktaca/Carolina; (3) Nazanin Behzad/Maryland and Tristen Schreamm/Turkey.
9. **English/Western Equitation, 11-17** — (1) Claire Schulkey/Alaska; (2) Laura Baily/Dakota.
10. **English/Western Pleasure, 11-17** — (1) Laura Bailey/Dakota; (2) Claire Schulkey/Alaska.
11. **English/Western Equitation, 18 + Over** — (1) Paula Cabot/Dakota.
12. **English/Western Pleasure, 18 + Over** — (1) Paula Cabot/Dakota.
13. **English/Western Equitation, 10 + Under** — (1) Seija Maniskas/Alabama; (2) Trinity Schraemm/Dakota; (3) Kate Ross/Turkey.
14. **English/Western Pleasure, 10 + Under** — (1) Kate Ross/Turkey and Ilano Summers/Nebraska; (2) Trinity Schraemm/Dakota and Seija Maniskas/Alabama; (3) Helena Drulias/Carolina and Melissa Kellogg/Tennessee.
15. **English/Western Equitation, 11-17** — (1) Carolyn Lucas/Alaska; (2) Sarah Warner/Nebraska; (3) Emily Berger/Hawaii.
16. **English/Western Pleasure, 11-17** — (1) Carolyn Lucas/Alaska and Sarah Warner/Nebraska; (2) Rachel Hirsch/Arkansas; (3) Sarah Gerson/Lilly.
17. **English/Western Equitation, 18 + Over** — (1) Melanie Buccola/Dakota; (2) Wendy Sassor/Montana; (3) Laureen Monty/Iowa.
18. **Novice English Equitation, Open** — (1) Laureen Monty/Iowa; (2) Melanie Buccola/Dakota; (3) Dan Sloan/Indiana.
- 19a. **Novice English Equitation, 18 + Over** — (1) Joan Camarillo/New York; (2) Brandy French/Sofi; (3) Sherri Lin/Dante.
- 19b. **Novice English Equitation, Open** — (1) Liz Vannina/New York; (2) Sakine Artcon/Sofi; (3) Megan Keller/Idaho.
- 20a. **Novice English Pleasure, Open** — (1) Joan Camarillo/New York; (2) Brandy French/Sofi; (3) Catherine Sabado/Washington.
- 20b. **Novice English Pleasure, Open** — (1) Liz Vannina/Missouri; (2) Megan Keller/Idaho; (3) Jen Benedict/R2D2.
21. **Hunter Hack, 17 + Under** — (1) Sakine Artcon/Sofi; (2) Catherine Sahados/Washington; (3) Liz Vannina/Missouri.
22. **Hunter Hack, 18 + Over** — (1) Susan Lersey/Missouri; (2) Brandy French/Sofi; (3) Jen Benedict/R2D2 and Joan Camarillo/New York.

### Successful First Gold Coast Show!

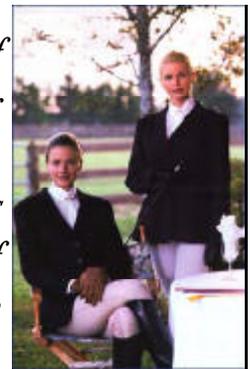
Congratulations from Stacy Festner to the following T.E.S. students on their first Gold Coast Hunter/Jumper Show, April 4-5, 1998, at the Los Angeles Equestrian Center:

Sakine Artoon/Sophie  
Kristi Nelson/ New York  
Michelle Waterbury/Oreo

**Next Gold Coast Show is May 16-17.**  
If you are interested in competing, sign up with Stacy.

*Are you  
fit to be seen  
at your next horse  
show?*

*Let our Dominion Saddlery  
staff show you how to add that  
extra win-  
ning touch of  
class to your  
next compe-  
tition! It's  
all part of  
giving you a  
smooth ride,  
from the people who ride . . . at  
Dominion!*



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SADDLERY**

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# The Vet's Notebook

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by Dr. David W. Ramey, DVM

In my first two articles, I explained how a veterinarian detects lameness—both how to determine which leg is lame as well as some methods used to locate the site of the lameness. I'd like to wrap up this series with a few of the basic causes for lameness.

It's not enough for most people to be able to recognize that a horse is lame. Inevitably they want to know why it happens (if only so that they'll know what or who to blame or how to prevent it from happening again). Unfortunately, there's not always a good answer to the question, "Why is my horse limping?"

Sometimes horses go lame because of an accident. This can happen when a horse trips over a jump, steps on a rock or gets kicked by a neighbor. These sorts of things are inevitable. You can't really do much about them except curse fate. About the only way that you can completely avoid accidents is to keep your horse in a padded stall by itself, miles away from other horses and never ride it. (Cynics would note that the horse might eat the padding in the stall and colic, just out of spite.)

Sometimes horses go lame because of what we do to them. A misplaced horseshoe nail, a ride that was longer or harder than what the horse could tolerate or a nail sticking up in the bottom of the stall can all cause a horse that was previously in good shape to end up limping. A good dose of common sense is invaluable for keeping a horse sound.

Many times these things can be avoided (there's really no excuse to work a horse so hard that you injure it) but such things are not always our fault. For example, in spite of careful efforts, it can be very difficult for a farrier to drive a nail in the right spot in a hoof with a thin wall or next to impossible to see the nail down in the stall bedding that punctured the hoof and caused the abscess. On the other hand, the hoof abscess that occurred because the horse was left standing in the mud or improper cleaning of the hoof that led to thrush are caused by neglect. These sorts of things can be easily avoided with a basic knowledge of proper horse care.

Sometimes lameness happens to a horse for no known reason at all. For

example, nobody knows for sure why a particular horse may develop arthritis, navicular syndrome or osteochondrosis (to name a few conditions). People come up with all sorts of good ideas why they might happen, but as a point in fact, they don't KNOW. There is a certain, "stuff happens" aspect to medicine, after all.

The best thing that you can do to help keep a horse from getting lame is to take good care of it. Sensible riding, regular attention to the hooves and good overall care can go a long way toward keeping a horse sound. Having a horse examined by a veterinarian at the first sign of lameness will prevent it from getting worse.

If you have questions about lameness, please submit them to the editor for the new Q&A section of the newsletter.

*Dr. David Ramey is a 1983 graduate of Colorado State University. He is the author of numerous books and articles on horse health, including Horsefeathers: Facts vs. Myths About Your Horse's Health and the Concise Guide series on equine health care. He can be reached at (818) 953-8528.*



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## Some Common Sense Rules for Preventing Lameness

- ▶ Make the effort to educate yourself about basic horse care through lectures, video tapes, books and knowledgeable horse people, such as your instructor, your veterinarian or your farrier.
- ▶ Learn and obey all safety rules for working around horses (this is for your safety as well as for the horse's). Be safety-conscious in the barn and "fix" things that may cause injury to your horse, such as throwing away nails you might find on the ground, keeping tack and equipment in safe places, hanging up hoses that might be laying in the barn aisles and keeping feed room doors closed.
- ▶ If you will be competing, learn basic principles for conditioning your horse and develop a training schedule with your instructor, so that your horse will be prepared for the physical stresses involved in the competition.
- ▶ Practice good hoof care. Always clean your horse's hooves before and after riding. Watch for signs of lameness after the farrier has put on new shoes.
- ▶ Learn how to tell what is safe and unsafe terrain when you ride outside of the arena. Don't ride in unsafe footing (such as deep mud where a horse may slip or lose a shoe) or on dirt with lots of pebbles (where the horse might get a stone bruise) or canter your horse on hard surfaces such as cement or very hard ground. Know how to ride safely in all types of weather.
- ▶ Learn about the various injuries, ailments and diseases that cause lameness so, where possible, you can prevent them (such as not allowing your horse to gorge himself on grain which may cause a disease called founder).



# The Equestrian Athlete

Water skis and soccer balls don't care if the human body's not symmetrical, if one side's stronger or more flexible than the other side. A thousand pounds of horseflesh, on the other hand, can feel a housefly land on his rump. Unlike a pair of skis or a ball, your horse has known for years that you write with the right hand, start down the stairs with the left foot, carry water buckets with the right arm, and swing backpacks over the left shoulder. He also knows that it would take you standing in an alligator-filled pond for you to be able to mount from the right side.

Perhaps your horse would actually like to send you to a professional trainer to help you overcome your preference for the right lead or your stiffness on the right rein! Better yet, bring a team of experienced instructors and physical therapists into your living room to guide you through a series of exercises that help you find and overcome asymmetries and imbalances.

The latest Mary Wanless video, *A Rider's Guide to Body Awareness*, does just that. You will discover which side of your body is stronger, which is more flexible, and which way your body likes to lean or collapse. The video shows you how to develop the strength, flexibility, balance, and coordination that you need to be an effective equestrian.

The video begins with Anne Howard ([www.in-balance.com/BUNZ.HTM](http://www.in-balance.com/BUNZ.HTM)) offering an in-depth look at the preferred posture of the upper body. Leading you through a series of exercises (both with and without a Swiss ball), she teaches you how to sit with your spinal column properly aligned, find muscle imbalances, and strengthen the muscles

that stabilize the upper body and improve balance. She also shows you how to keep the back in the right position during the sitting and posting trots (her neutral spine theory — see <http://www.in-balance.com/NEUTRAL.HTM>).

During the middle portion of the video, Mary Wanless ([www.equiweb.co.uk/trainers/mary\\_wanless/](http://www.equiweb.co.uk/trainers/mary_wanless/)) helps you find bones, muscles and tendons you never knew you had. She shows you how to create pictures in your mind that guide you in contracting and relaxing the right muscles to stay balanced and effective in the saddle.

The video ends with Catherine Hamber walking you through more than a dozen exercises that first identify and then improve the areas of the body that are less flexible. The exercises focus on the pelvis and legs—areas of the body that become less flexible due to horseback riding.

Before you pop the popcorn, however, make sure you have a partner to help you with some of the exercises, a Swiss ball, and an understanding of what and where your trochanters, hip joints, and iliopsoas muscles are.



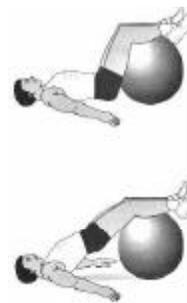
*A Rider's Guide to Body Awareness* video is not yet available in retail stores. To order by mail, send a check or money order payable in U.S. funds to: W & S. Papke, P.O. Box 11, Alpharetta, GA 30009. Ask for item #HC-MWV 004. Order it online at the Horse Country web site: [www.horse-country.com/videoshop.html](http://www.horse-country.com/videoshop.html). Cost is \$44.20 (shipping included) for U.S. orders.

## Swiss balls for balance and fitness

Have you seen the exercises that make you roll around on a big ball in *Dressage & CT* magazine, Mary Midkiff's book *Fitness, Performance and the Female Equestrian*, and now Mary Wanless' body awareness video? If you're like me, you've probably been wondering what's so great about these costly balls.

Swiss balls—also called gymnastic balls, Thera-band™ balls, or Physioballs—have recently bounced their way out of the physical therapist's exercise room and into the equestrian's living room for good reason. Exercising with a big, inflatable plastic ball is a fun, challenging way to get low-impact exercise. Strength, flexibility, balance, coordination, and good posture develop fast when you exercise on top of something that moves more with every breath you take than a horse on roller-skates.

For most exercises, you need a ball that's big enough to keep your thighs parallel to the floor when sitting on it. The suppliers below have charts that help you order the right size.



►Body Trends Health and Fitness sells Swiss balls that range in size from 42cm in diameter (\$11.50) to 120cm (\$89). Call 1-800-549-1667 for a catalog or go to their web site at [www.bodytrends.com](http://www.bodytrends.com)

►Be sure to visit the Body Trends Health and Fitness web site above for more information about swiss balls and sample exercises for how to use them.

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Johanna L. Harris has an M.A. degree in Physical Education, Exercise and Sports Science from the University of North Carolina at Chapel Hill. She is the editor and publisher of *The Equestrian Athlete*, a monthly newsletter for equestrian exercise and sport science information. View a sample issue online at <http://www.circle.net/~eai>. You can also reach her at (800) 404-8514.

# PONY PALS



Hi Pony Pals! My name is Rick Gallavan and I'm a farrier for T.E.S. A farrier is a person who puts shoes on horses' feet. When people watch me work out at T.E.S., they like to ask me questions about shoeing. They usually ask me why horses need to wear shoes.



Horses, like people, need to wear shoes for one reason—protection. The ground is very abrasive and wears the hoof down if it is not protected. It was not long after the horse, donkey and oxen were tamed and used to help humans do their work that ways to protect the hoof became important.

The ancient Egyptians made reed sandals for their horses feet. Native Americans made moccasins out of hides and tied them around their horses' feet. If Native



Americans had enough horses, they would rotate them, so that some horses would be ridden and some could rest and let their hooves grow longer.

If horses need to wear shoes to protect their hooves, then what do wild horses do? All hooved animals in the wild are able to take care of their own feet. If the hoof becomes too long, herd animals, such as horses, know it's time to move on to new ground. As they travel to another area, they wear

their feet down on the abrasive earth. Once they have trimmed their hooves down, they stay in the new area until their hooves need another trim. Horses know when to move and when to rest, so that their feet stay in the "comfort zone."

If wild horses can take care of their own hooves, why do we need to put shoes our riding horses? Once we take horses out of the wild, they are not able to take care of their own hooves by traveling from one place to another. We may ride our horses on different types of ground that wear down the hooves at different rates. The



type of work that we ask our horses to do may wear down their hooves faster than they can grow back naturally. Adding 100 to 200 pounds to their back when we ride them wears down the hooves faster.

Farriers help protect horse's feet by studying hard to learn all about hooves and shoes. They know how to choose the right kind of shoe for the type of work required of the horse. Next time you see me at T.E.S., come over and watch how horse's are shod.

*Rick Gallavan is a professional farrier, who has worked at the Los Angeles Equestrian Center since it first opened. He may be contacted at (818) 951-8262.*

## \$200 Earned at Pony Pals Bake Sale!

We would like to thank everyone for their generous support of our Bake Sale at the T.E.S. Beginning English/Western Horse Show on April 19th. We collected over \$200 for our delicious home-made baked goods and drinks (provided by Patricia Kinnaman). Proceeds will fund field trips, such as a visit to Monty Roberts training facility in Santa Ynes. More bake sales to come!



## Horse Shoe Trivia

►The word "farrier,"—one who shoes horses—comes from the Latin *ferrarius*, which means "iron worker."

►The terms sandals, boots and socks were used for early horse foot protectors. These "hippocodes" sometimes had metal plates inside the coverings of leather, paper or cloth. Nailing shoes on began around the second century b.c., and was common by the fifth century a.d.

►In 371 b.c., Persian mules were shod with fiber, according to the Greek Xenophon. Nero's mules had gold plates as shoes, held on with rawhide. The ancient Romans used bronze horseshoes tied on with leather straps.

Source: Deborah Eve Rubin, *Horse Trivia: A Hippophile's Delight*.

## Memorial Day Classic Annual Sale at Dominion May 21-25

### All Hunt Coats 20% Off

(Grand Prix, Elite, On Course, Pytchley & many more)

### All Breeches 20% Off

(Tailored Sportsman, Derby Dress, Pikeur, Georg Schumacher, Euro Star & many more)

### All Boots 20% Off

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## Dominion's Custom Fitting Sale

### Journeymen Chaps and Vogel Boots

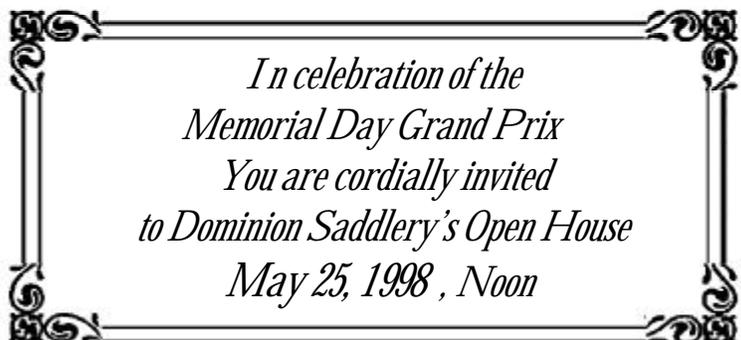
Appointments required for measurements. Please call ahead.

### Journeymen Chaps 10% Off!

Our expert staff at Dominion will be available to show you what's new in Journeymen, to measure for new chaps and answer any questions you have about this top-of-the-line apparel!

### Need your Vogel Boots by Show Season?

Dominion pays \$60 rush fee  
on all custom orders!



## Your dog may be dying!

On hot—or even warm—sunny days, the inside of a car heats up very quickly, even on days that don't seem too hot to you. On an 85-degree day, even with the windows slightly open, the temperature inside a car can climb to 102 degrees in 10 minutes and 120 in 30 minutes!

A dog's normal body temperature is 101.0 to 102.5 degrees. A dog can withstand a body temperature of 107 to 108 degrees for only a very short time before suffering irreparable brain damage—or even death. The inside temperature of a car is too hot for anyone, especially your dog!



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### Best Deal in Town Our Meet or Beat Policy

We guarantee you the best deal in town. We will meet or beat any price from any tack store, even their catalog prices!



at the L.A. Equestrian Center  
480 Riverside Drive, Burbank

(800) TACK UP1 or (818) 842-4300  
<http://www.horsenet.com/dominion>  
email: [dominion@horsenet.com](mailto:dominion@horsenet.com)

Store hours: Mon 9-5, Tues 9-8,  
Wed-Fri 9-6, Sat & Sun 9-5



June 7 Dressage Schooling Show  
 6/22 to 9/4 Summer Kids Camp (weekly)  
 Aug. 23 Potluck & Playday  
 Sept. 27 Beg. English/Western Show

Oct. 31 Halloween Party  
 Dec. 20 Christmas Party

For more information, call T.E.S. at 818-569-3666.

## LAEC Events

May 7 Calnet Disabled Riders Show  
 May 16-17 Gold Coast III Hunter/Jumpers  
 May 16-17 Festival of the Horse Dressage  
 May 21-25 Memorial Day Classic Grand Prix  
 June 4-7 San Fernando Valley Fair

For more information, call 818-840-9066.



## Dressage Shows

May 16-17 Festival of Dressage, LAEC  
 June 13-14 Dressage in the Valley, Moopark  
 June 27-28 Star Spangled Dressage, LAEC

For more details, see the CDS web site at: <http://www.primenet.com/~cgs1/showcal.htm>



## Hunter/Jumper Shows

May 16-17 Gold Coast III, LAEC  
 May 21-25 Memorial Day Classic, LAEC  
 May 30-31 Paddock III  
 June 13-14 Gold Coast IV, LAEC  
 June 19-20 ETI Hunter/Jumpers, LAEC  
 June 20-21 Hansen Dam Summer  
 July 18-19 Gold Coast V, LAEC

For more information, see the *Jump! Magazine* web site at: <http://www.extendinc.com/jump/show.htm>



## Combined Training

Dates not available at this time.

For more information, see the USCTA web site: <http://www.hhorse.com/USCTA/calendar/home.html>



## Western Shows

May 3 ETI High Point Show, LAEC  
 May 31 ETI, Martinez Arena, Burbank  
 July 11 ETI Open, Pierce College  
 Aug. 23 ETI High Point, LAEC

For more information, see the Equestrian Trails web site at: <http://www.eti.av.org>



## Dominion's Memorial Day Sale May 21-25, 1998

**20% off**

all boots, hunt coats and breeches!

**Custom Fittings for  
Journeyman Chaps & Vogel Boots**

## Grand Prix Festivities

You are cordially invited to partake of Dominion's delectables at the Grand Prix on **May 25th, September 20th and November 14th.**

## Annual Tent Sale

Super store-wide savings at our big event of the year on **October 10-11, 1998.**

## Holiday Open House

Kick off the holiday season with a store-wide 20% discount on Saturday, **December 12th, 1998.**