



T. E. S. EVENTER

The Official Newsletter of the T.E.S. Combined Training Club

August 1991

Vol. 1, No. 1

It's Official!

The first official meeting of the T.E.S. Combined Training Club met on April 27, 1991 at Patricia Kinnaman's home. We had a scrumptious potluck dinner (you folks really outdid yourselves!) and then got down to business. The "Rules of Conduct" (aka By-Laws) were presented and accepted and the following "officers" were approved: Director - Kathy Matthes; Training Director - Anne Howard; Secretary - Melinda Hallmark; and Bookkeeper/Committee Coordinator - Michael Michelsen. Special thanks to Anne, Kathy, Melinda and Mike for the many hours they have donated to the Club!

The Club has 27 members (2 junior members!) and has raised over \$850 through membership dues and fundraising activities. The Club provided video taping service at three T.E.S. Dressage and Combined Training schooling shows and will continue this service as a regular fundraising activity.

One of our first tasks was to reorganize the T.E.S. Dressage and Combined Training Shows (thank you, Anne). The April 21 show had 17 entries for the combined tests (up from 5 entries in the previous show)! Most of the riders were Club members who were competing in their first combined test! Club members also volunteered to work at the show and gained experience as scribes, ring stewards, grooms, and fences crew--thanks for your hard work!

The Club has offered three educational clinics--Event Grooming, Horse Trials: How to Play the Game, and Condition for Eventing--as well as a field trip to Moorpark Horse Trials on May 18, which included a cross-country course walk and analysis. We also cheered for David James, Melody Skinner and Melinda Hallmark, who were competing at their first horse trial.

All things considered, we have had a productive first few months and look forward to preparing for the Moorpark Horse Trials in October.

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10% Discount at Paddock Riding Shop

We have negotiated a 10% discount for cash purchases and a 5% discount for credit card purchases with the Paddock Riding Shop for all Club members. Either present your membership card or tell them that your name is on the Club list. See the equipment list on page 3 for all the things you will eventually have to purchase--and take advantage of the Paddock's generosity!

New Dressage Test Unveiled

- A Enter at ordinary serpentine
- X Sprawl, salute

- C Stop dead. Stare in horror at judge and shy to left. Continue ordinary working gallop.

- E Stagger left 20 or 14 or 22m circle or pear shape or five pointed star. Avoid excessive crossing of legs.

- K Begin to halt.
- A Keep trying.
- F You can do it.
- B Pulley rein, give up, continue at ordinary out-of-hand gallop

- H Regain right stirrup. Continue ordinary trot, bouncing.

- MXK Change rein. Free walk, loose reins. Remove horse from judge's luncheon table. Ask judge for leg-up. Jump back into ring.

- A Turn down center line.
- X Halt. Grin. Burst into tears. Leave arena at free walk on long rein and loose language.

(From CDS LA Chapter June Newsletter)



Publisher
T.E.S. Combined Training Club

Editor
Kathy Matthes

Contributing Editors
Anne Howard
Melinda Hallmark

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The T.E.S. Combined Training Club (TES CTC) seeks to promote and enhance the eventing program at T.E.S. through educational programs (lectures, clinics and field trips), competition scholarships, year-end awards, this newsletter and competition teams.

1991 dues for Full Members are \$20.00 and \$15.00 for Junior Members (T.E.S. and Van Dahn International students only). Non-T.E.S. riders who are interested in joining the Club can become associate members for \$15.00, but will have limited benefits.

Membership applications are available at the T.E.S. School Office, 480 Riverside Drive, Burbank, CA 91506. For more information, please contact Melinda Hallmark or Kathy Matthes at (818) 569-3666.

TES CTC Officers

Director: Kathy Matthes
Training Director: Anne Howard
Secretary: Melinda Hallmark
Bookkeeper/Committee
Coordinator: Michael Michelsen

Score Board

T.E.S. Dressage and Combined Training Schooling Show
April 21, 1991

Green as Grass Dressage Test

- 1. Karen Haubrich/Louie/73.12%

Pre-Training Dressage Test

- 1. Karen Haubrich/Louie/71.17%
- 2. Peter Dukes/Red Pony/65.29%

Training Level Test 1 (Section A)

- 5. Debi McNair/Virginia/65.71%
- Savannah Brentnall/George/61.42%
- Melinda Hallmark/C.J./61.42%

Training Level, Test 1 (Section B)

- 1. David James/Dezadarius/71.90%
- 4. Mike Michelsen/Levintas/62.85%

Training Level, Test 2

- 4. Mike Michelsen/Levintas/63.04%

Training Level, Test 3

- 2. David James/Desadarius/63.05%

T.E.S. Dressage and Combined Training Schooling Show
June 23, 1991

Training Level, Test 1

- 5. Peter Dukes/Red Pony/67.61%
- Mike Michelsen/Elan/61.90%
- Nancy Sternfeld/Chip/61%

Training Level, Test 3

- 1. David James/Desadarius/70%

Green as Grass Combined Test

- 1. Ian Conner/Illinois/37.8%

Green as Grass Combined Test

- 1. Debi McNair/Virginia/-31.2
- 2. Mike Michelsen/Elan/-36.6
- 5. Ian Connor/Molly/-43

Pre-Training Combined Test

- 3. Lynne Toby/Candy/-36.8
- 4. Melinda Hallmark/C.J./-40.2
- 5. Savannah Brentnall/George -40.8
- Peter Dukes/Red Pony/-69

Pre-Novice Combined Test

- 1. David James/Desadarius/-36

Novice Combined Test

- 2. David James/Desadarius/-54.6
- 3. Melody Skinner/Palace/-69

Green Horse/Green Rider Combined Test

- 1. Melinda Hallmark/CJ/-46.2
- 2. Mike Michelsen/Elan/-51
- 3. Peter Dukes/Red Pony/-54.6

Pre-Novice Combined Test

- 1. David James/Desadarius/-52.8

Note: Combined Test scores are listed as penalty points. Dressage percentages are converted into penalty points; jumping penalties are included. The lowest score wins.

Event Equipment List for October Moorpark Horse Trials

The following is a list of items you will need if you will be competing at Moorpark Horse Trials in October. T.E.S. and the Club will provide most of the equipment. You need to beg, borrow, or purchase items marked with an asterick. Items marked as "opt" are optional--T.E.S./Club will not provide, but you should probably have on hand.

SHIPPING

poll guard (opt)
2 leadshanks
4 flannel leg bandages *
4 shipping wraps *
tail bandage *
hay
hay net *

FEED

hay and/or cubes
grain
supplements
carrots, apples *
salt/mineral block *

BANDAGES

standing wraps
bandages
masking tape
linament

TACK CLEANING

saddle rack
tack hook
small bucket *
sponges *
saddle soap *
towels *

BRAIDING KIT *

mane comb
yarn or rubber bands
pull-through (for yarn)
comb
large hair clip

HORSE CLOTHES

blanket if necessary
cooler (opt)

MISC *

video tape for rides
tackbox & padlock

STABLE EQUIPMENT

screw eyes (5) *
snaps, hooks *
manure basket
manure fork
rake
broom
paper towels *
magic marker *
pad of paper *
folding chairs *
water bucket (2) *
feed bucket *
scrub brush for buckets *

TACK

saddles
girths (extras)
bridles and bits
extra reins, stirrup leathers
saddle pads
lunging equipment
galloping boots *
bell boots *
running martingale (opt)
breastplate (opt)
over girth (opt)
halter

GROOMING

brushes
combs
currys
towels *
show sheen (opt)
tail brush
soap
bucket
body wash
sponges *
sweat scraper (2) *
baby oil
stool (opt)
hoof pick
hoof oil/hoof black
fly spray

RIDER'S ITEMS *

jacket and jacket bag
breeches (1 white, 1 other)
shirts (1 white, 1 team)
stock tie and pin
jumping helmet
dressage helmet
helmet covers (opt)
black boots
spurs (opt)
white gloves (opt)
hair net
boot pulls
boot jack
dressage whip (warm up only)
cross-country bat
hiking shoes
jackets
socks (thin & thick)
work clothes
dress clothes (for party)
toilet kit
sunscreen
alarm clock!!
small sewing kit

TOOL BOX

hammer
screwdriver
pliers
large nails (for hanging)
thumb tacks
tape measure
wrench
leather punch
wire cutters
small scissors

MEDICAL KIT

gauze
gauze telfa pads
band-aids
cotton
furacin
hot and cold packs

eye wash
linament
alcohol
peroxide
duct tape
vetrap (2+ rolls)
twitch
epsom salts
thermometer
vaseline

TRAVEL *

directions/maps
Ominbus, Rule Book
credit cards
check book
cash
flashlights/batteries
kleenex, paper towels
ice chest, ice
food and drinks
plastic glasses

MOORPARK FEES

Entry fees	\$85.00
Pipe corral	\$30.00
Enclosed stall	\$60.00

T.E.S. FEES

Trailing	\$60.00
Trainer fee	\$30/day
Motel 6	\$35/day

School horse

usage fee	\$75./day
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Horses on half lease	none
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Horses on school lease	\$??
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Competing in your first horse trial at Moorpark presents a challenging set of hurdles to clear--pun intended! First, there are three completely different disciplines in which to compete with different tack and show clothing requirements; second, competitors are not allowed to school on the grounds for several weeks before the Trial; and third, both you and your horse have to travel and sleep in unfamiliar surroundings. It is quite different from our own T.E.S. Dressage and Combined Training Schooling Shows!

The preparation necessary for a Horse Trial--before, during and after-- is endless. In addition to practicing your stadium jumping and dressage tests, both you and your horse have to be in excellent physical condition--that means interval training, work up and down hills, not to mention extra schooling through water, into the trailer, and over any safe, natural obstacles you can find. The cross-country phase alone is a long five or six minutes at the canter. It is nestled in the middle of the dressage and stadium phases and occurs in the middle of 2 1/2 days of poor sleep, unfamiliar food, moments of stress, moments of boredom, and endless grooming.

Because the Trial is an "away" show, all of your tack and equipment must be brought along. An equipment list is *essential* if one is to "be prepared" for all of the potential problems. If your horse wears special shoes, loses one and it cannot be found, the farrier might not have that type of shoe handy--but you should! If your reins break, you cannot walk into the T.E.S. tack room and get another pair. If your horse goes off his feed, you need a thermometer to make sure it is not illness. If your horse does not share your enthusiasm for cleanliness and wipes his green lips across your shirt front, you'll be glad that you packed that extra shirt!

Even if you are fortunate enough to have a groom with you, you are still

responsible for the health and well being of your horse, and *every* detail must be checked and double-checked. The USCTA Event Checklist and the *Starting Box* booklet are very helpful for guiding you through preparation, shipping, setting up, competition, packing up and returning home. You will still end up making your own lists to help you stay organized!

Most of the other competitors are friendly, generous people willing to discuss their horses and their experiences. The riders are also sticklers for the huge set of rules governing the three phases of Horse Trials. If you break one of the rules, be prepared to be called on it, if not by one of the officials, then by one of the other participants. Know the rules or risk elimination!

Event Report

by Melinda Hallmark

Don't leave home without your trainer! He/she knows you and your horse and can help you work through your jangled nerves. During the warm-up, you can discuss the strategy for the upcoming phase and, during each cool-down, your performance can be reviewed and appraised.

Warm-up areas are chaotic. There were often 10 to 15 riders warming-up in a small area, each one working on his/her own warm-up patterns and techniques. Fortunately, the warm-up jumps are flagged for direction! However, the "water play" area requires nerves of steel. There are 15 or more riders in a very small area, all trying to splash through the same pond--some with more success and control than others.

Moorpark runs several dressage rings simultaneously, and riders have to be sure to report to the correct ring--the rings are quite a distance from each other if you ended up at the wrong one. The dressage rings have more distractions

than at our dressage schooling shows. They are also located so close to the cross-country course that the wide open spaces can be quite inviting to your horse.

Next comes the cross-country phase. *Everyone* gets scared during the countdown--even highly experienced riders with over 10 years of cross-country riding get "jello knees," or so I am told. I know I sure did!

If you do not have much experience riding at speed, the feeling and sound of the wind rushing past your face and ears can be very deceptive--it feels like you are cantering a lot faster than you actually are. Even if you have frequently worked at a hand gallop in large riding rings at T.E.S., it is completely different out on a cross-country course where you have a course to navigate, obstacles to avoid, and jumps to jump, not to mention a horse that may be a little excited.

If you and your horse receive no jumping penalties, your only enemy on the cross-country course is time. The course designers compute an optimum time using the course length and the required speed (measured in meters per minute - mpm). The optimum time is then doubled to obtain a maximum time. A rider who exceeds the maximum time is, unfortunately, eliminated.

The last phase is stadium jumping. Again, the course designers compute optimum and maximum times with the same elimination possibility. Also, jumping faults are given for knock downs and refusals.

The horse and rider start out with a dressage score, which is converted into penalty points. Any penalties assessed from the cross-country and the stadium jumping rounds are added to it. The horse and rider with the lowest score wins!

But more important than scores and winning is the sense of accomplishment at the end of the weekend. Whether you win first place, come in last, or are eliminated, your work at home to prepare and the courage to actually compete are the best rewards!

Grooming for Moorpark Horse Trials

by Debi McNair

Preparing for the Moorpark Horse Trials requires a great deal of thought and organization. As groom, you are a vital part of the team and are responsible for both horse and rider--they will depend on you to be there with the right equipment at the right time. You will need to plan all of the regular routines (feeding, grooming, mucking, exercise) around the ride times as well as non-regular duties like braiding, wrapping legs, taking temperatures, cleaning tack, applying liniments and presenting the rider with an immaculately groomed, correctly tacked horse in time to warm-up for each phase.

A groom is an information-gatherer. You need to know the weather forecast, what equipment the rider needs, where the event is, how long it takes to get there, what to pack, your rider's ride times, where to find your stall and water outlets, and most important, how to anticipate the needs of your horse and rider. You must be organized, make equipment lists, plan schedules and be prepared for the unexpected.

Before you leave, your horse should be washed, clipped, trimmed, mane pulled and tail shaped, and hooves shod, if necessary. Detailed equipment lists are provided in *The Event Groom's Handbook*, the USCTA Event Check List, and USCTA's *Starting Box* booklet. In general, you will need to pack the necessary items for blanketing, shipping, grooming, braiding, longeing, feeding, tacking and stable management. A well-stocked tool chest and medical kit are a must. Your rider should have all of these things; you just need to pack them up, well-labeled and organized, and bring them along. (If you don't have the necessary items, inform your rider of what you will need--and make sure he/she gets it.)

Tack and supplies are next on your list. Clean and thoroughly check

your tack for wear and breakage before you leave--repair or replace any damaged tack. At minimum, your rider will need both a dressage and a jumping saddle, bridles with appropriate bits, saddle pads, and galloping boots. Know the rules on acceptable equipment for each phase. Be sure to bring along extra reins, girths and stirrup leathers in case of breakage.

The rider is your next consideration. Chances are he/she will be nervous and trying to think about too many things at once. Briefly go down your check list with them for the horse and for the rider to be sure you have everything he/she requires.

As groom, you are a vital part of the team and are responsible for both horse and rider--they will depend on you to be there with the right equipment at the right time.

When you've double checked your list and gotten both horse and rider securely packed, you're ready to load up and begin your trip. Try to make trailering your horse as pleasant as possible. Make sure he is well protected on the head (bumper guard), legs and feet (shipping wraps and bell boots), and give him some munchies (hay) to keep him occupied on the trip.

When you arrive at the eventing grounds, the first order of business is to locate your stall. Be sure to bring a flashlight--arriving after dark can be somewhat disorienting and you may have to trek through unlighted and unfamiliar territory to find a person or posted list with your stall assignment--not to mention finding the stall itself.

Get your horse unloaded, unwrapped, walked out, and settled as

soon as possible. Check the stall for safety and verify that the stall door is secure. Set up his water bucket and feed him. Post a stall card with your rider's name (and your name) and both phone numbers, if different, and the horse's name. Unpack and set up your equipment--keep everything organized so you can find what you need immediately. Find out the location of the restrooms, the show office, the dressage arenas, the warm-up arenas, the scoreboard and official clock as well as the official briefing and course walk; post the ride times for each phase and plan your schedule around it.

First thing in the morning you should walk your horse, clean his stall, and give him fresh water. Feeding should be scheduled around ride times--your horse should not perform on a full stomach. You and your rider should know your horse's nutritional needs during strenuous activity, so have a plan worked out as to when and what to feed during the event.

You may need to longe your horse before riding--include that in your grooming, braiding and tacking time schedule. Be prepared to do whatever needs to be done. Remember that your rider will probably be nervous, short-tempered and nit-picky--try to be understanding and as helpful and supportive as possible.

When the event is done, thank the appropriate people, pack up your equipment, prepare your horse for trailering, and leave your stall area clean and mucked out. Whether your rider won, just completed the event, or was eliminated, know that you were a vital part of the team and that your hard work and dedication were appreciated. There is great reward in doing your best to help your horse and rider. Most of all, have a good time, make new friends and enjoy the sport of eventing!

T.E.S. Dressage and Combined Training Schooling Show Rules

Schooling shows are designed to prepare competitors for more serious competition. Although AHSA rules are generally flexible at schooling shows, it is important that each competitor becomes aware of the rules that govern their discipline. To that educational end, and to answer some commonly asked questions, we have summarized some major rules of dressage and combined training. (See the current AHSA Rule Book for complete details.) Although competitors will not be eliminated at schooling shows for breaking the AHSA rules (or being unaware of them), they will receive two penalty points for each rule broken and will be notified, for educational purposes, that they would normally have been eliminated at a regular competition.

The dressage section of combined tests have different rule than regular dressage tests. The differences are compared below:

Regular Dressage Tests

- May carry whip (4' or shorter in dressage)
- May have test read
- Must use plain snaffle bridle
- Formal attire, spurs allowed
- Highest score wins class

Combined Training Dressage Tests

- May NOT carry whip but can warm up with whip
- Must ride test from memory
- Must use plain snaffle bridle
- Formal attire, spurs allowed but no rowels or points
- Lowest penalty score leads

AFTER the judge's signal, the competitor has 90 seconds to enter the arena.

Leaving the arena is cause for elimination (horse must have all 4 feet out).

No martingales, draw reins, twisted or gag bits, or cruelty allowed at anytime.

Leg wraps and protective boots may be used in warm-up but not in competition.

Stadium Jumping

- ASTM helmet recommended
- Must pass start/finish flags
- May use running martingale only
- Whip 30" or less
- Must wait for signal to begin course, once signal has been given, 60 seconds allowed to begin course.
- 60 seconds of resistance on course is grounds for elimination, including falls.

Summary of Stadium Faults

- | | |
|---|--------------|
| Knockdown | 5 penalties |
| 1st refusal | 10 penalties |
| 2nd refusal | 20 penalties |
| 3rd refusal | Elimination |
| 1st Fall | 30 penalties |
| 2nd fall | Elimination |
| Exceeding optimum time: 1/4 penalty per second up to Time Limit = Elimination | |

Hacking Your Horse (for fun and education)

by Caroline Treviranus Weir

Hacking (trail riding) a horse through the country is one of the most valuable educations a rider can offer his horse. Some people seldom ride their horses outside of the ring or off the farm, yet these same riders expect their horses to gallop boldly over unfamiliar country, and to jump fences which are new to the horses. A horse cannot be expected to be "perfect" in new places and country, especially if he has not had experience of such places . . .

Hacking has many advantages to horse and rider. A horse cannot be expected to perform at his best and to learn new methods every day while confined to an enclosed area. The rings and arenas . . . are very good places for schooling the young or green horse [and green riders]. The horse soon learns to associate the ring with serious (though not dull or negative) work with his rider, and this is a good association. However, continual daily drilling in the ring can cause the horse to become negative, bad-tempered, and/or defensive to the whole discipline.

Opening & Closing Gates

In correctly training a horse to open and close gates, the rider must be positive about what he is doing and how he is asking the horse to proceed. The rider should keep a hand on the gate at all times, whether the gate is hung to be pushed away from the horse or to be pulled in toward the horse. The horse will learn to move away from the rider's leg, experience the indirect as well as direct rein, learn to back up when asked (and only when asked), and to stand while the rider latches the gate . . . The horse should not anticipate, yet be obedient and listen to his rider.

He can and will do this only if the rider is paying attention and giving the horse an accurate ride.

Hill Work

Some people try to condition their horses on flat or fairly flat ground. Using proper and intelligent conditioning, a horse's tendons need the work on hills (not dramatically steep hill; rather, long slanted hills) to become more elastic and therefore stay sound. A five or six-minute trot up a long sloping hill is much more valuable than five minutes of trotting on the flat. It is much more enjoyable to trot in the country than it is to trot around inside a ring, and the horse's lungs will expand much more trotting uphill than trotting on the flat. Also, the tendons will become more elastic with work on hills, especially using the ascents.

Trotting downhill is also necessary, though it is less productive than going uphill and can be harder on the horse's feet and ankles. Walk, trot, and canter up the hills, and occasionally trot and canter, though usually walk, downhill.

Other New Things

In addition to new countries, gates, and hills, the horse needs to become accustomed to crossing streams, jumping up and down banks, trotting over ditches, and jumping over logs and fallen trees. Obviously, the rider will check the footing of anything like this. If the horse is unfamiliar with streams, banks, and/or ditches, is it . . . intelligent to hack with a friend whose horse is very dependable with such obstacles. **Important: Many of you know this, but in spite of this, I write "Do not jump alone." Period.**

This horse's first experience with these obstacles is more important than any other. If the friend's dependable horse can give the green horse a confident lead over streams, ditches, and small banks, he will start with confidence. Crossing such obstacles "just because they got in the way" with a relaxed attitude encourages the horse to believe in his rider. He will realize that his rider wants to proceed in the forward direction and learn to proceed. The same policy applies to . . . trotting, walking or cantering. [The horse] must be taught to travel in straight lines and turn only when asked.

Hacking in Company

If the horse can be hacked with some other horses and riders across country, this is good for several reasons. It accustoms the horse to working in the company of other horses; and he learns to accept streams, banks and logs, and so on, as natural hazards.

Riding in company teaches the rider to look where he is going and to plan a path of travel. It teaches the horse to listen to his rider and that it is not necessary to panic to catch up to the horse who is passing, and even to the ones walking ahead. It also accustoms the horse to accepting horses trotting past him, and . . . to trot past other horses.

Horse and rider need to enjoy each other to enjoy new experiences. A cheerful horse will perform with confidence and pleasure; a depressed or over-powered horse will not perform with any life or happiness. Both horse and rider should enjoy the education each gives to the other and become better because of the discipline.

This article is reprinted from Horseplay, August 1991. Caroline Treviranus Weir is a former member of the U.S. Equestrian Team Event squad.

Calendar of Events

Horse Trials

August 1991

16-18 San Diego Show Park (619) 481-6535 HT: N-P

24-25 Silver Lining/Fresno (209) 293-7469 HT: N-P

September

8 Meadows of Moorpark (805) 529-3043 CT: N-I

October

5-6 Meadows of Moorpark (805) 529-3043 CT: N-P

19-20 Silver Lining/Fresno (209) 293-7469 HT: BN-T

November

9-10 Showpark of San Diego (619) 481-6535
HT: N-P OP, P, T, N

27-Dec 1 Ram Tap (209) 275-5086 HT: N-OI, 3DE

Dec 14-15 Meadows of Moorpark HT: BN-P

Dressage

August

17-18 Dressage at the Paddock (619) 662-3523

22-24 Cool August Night (LAEC) (818) 342-3554

31 Cornerstone Summer Dressage (818) 841-3554

November

2-3 Meadows of Moorpark Dressage (805) 523-7325

9-10 Dressage at the Paddock 805-268-8353

BN = beginner novice N = novice T = training
P = preliminary I = intermediate
OI = open intermediate

Recommended Reading

Bradwell, Eventing - Preparation and Training

Holderness-Roddam, Play to Win: Eventing

Kane & Waltman, The Event Groom's Handbook

Reiner Klimke, Horse Trials

Sally O'Connor, Practical Eventing

Sally O'Connor, USCTA Book of Eventing

Mary Rose, The Event Rider's Notebook

Videos

BHS, Eventi: Part 2: Cross-Country Training

Bruce Davidson, Dressage for 3-Day Eventers

Bruce Davidson, Cross Country, Parts 1 and 2

Bruce Davidson, General Horse Mgmt for 3-Day Events

Horse in Sport, Eventing

Organizations

American Horse Show Association
220 E. 42nd Street
New York, NY 10017-5806
(212) 972-AHSA

California Dressage Society
P.O. Box 417
9 Delfino Pl. #11
Carmel Valley, CA 93924
(408) 659-5696

USCTA
292 Bridge Street
South Hamilton, MA 01982-1497
(508) 468-7133

U.S. Dressage Federation
P.O. Box 80668
Lincoln, NE 68501
(402) 474-7632